



Is your loved one bedbound?

Learn about the services that can support you and your loved one.



Connecting You
to Community Care

We all want to age at home, surrounded by family and friends.

There are Community Care services to support your loved one, and give you peace of mind.



Select from the schemes and services which may be most suitable for your loved one. Contact us to learn more.

Care at Home

Being in a familiar environment gives your loved one the best support in healing both their body and their mind.

They can stay at home close to family, with home care services at their doorstep, such as nursing support and extra help around the house, etc.



Home Medical

A care professional provides treatment of chronic conditions such as diabetes, hypertension and high cholesterol.



Home Nursing

A nurse helps with wound dressings, injections and change of feeding tubes.



Home Personal Care

Trained care staff will help your frail loved one with their activities of daily living, and other tasks such as grocery shopping and light housekeeping.



Home Therapy

A therapist helps your loved one regain or maintain their ability to carry out daily activities.



Meals-on-Wheels

Get food delivered to your loved one if they are unable to buy or cook their own meals.



Hospice Home Care

Care for your loved one at home if they have advanced or progressive health conditions that are expected to progress in weeks or months.

Meals delivered to your loved one's doorstep.



Taking a break from Caregiving

Caregiving can be a long-term commitment. That is why taking care of yourself is not a luxury, but a necessity.

Giving yourself a rest to do things that you enjoy is good for both you and your loved one.

Nursing Home Respite Care

A stay-in option with healthcare services for loved ones with high care needs if you need a break of at least seven days. Pre-enrol so that you can activate the option more quickly when needed.

“ I wanted to recover at home after my fall because I love my grandchildren and want to spend time with them. My daughter went for caregiver training to learn how to better care for me. With her support, I get to spend quality time with my family in the comfort of my own home. ”

A client receiving financial assistance



This brochure can help you identify the services that can support you and your loved one.

Do note that they are subject to terms and conditions, as well as assessments by service providers.

Care Cost

For families who require financial assistance, there is a variety of schemes that can help you and your loved one.

Caregivers Training Grant

Receive an annual \$200 subsidy if you, or your Foreign Domestic Worker (FDW), attend caregiving courses.

You can tap on this grant to offset the course fee for sending your helper for the ABCs of Caregiving course*.

*This course covers the key parts of senior care based on your loved one's mobility condition.

Foreign Domestic Worker Levy Concession for Persons with Disabilities

Pay a lower levy of \$60 per month (instead of \$300) when you hire an FDW to help care for a frail senior or a loved one with disabilities.

Home Caregiving Grant

Receive \$200 a month while caring for your loved one with moderate to severe disabilities.

Seniors' Mobility and Enabling Fund

Your loved one can remain mobile and live more independently with subsidies for devices that assist them with their daily activities (e.g. showering, walking) and home healthcare items.

Pioneer Generation Disability Assistance Scheme

As a Pioneer, your loved one can receive \$100 a month to support their cost of care if they have moderate to severe disabilities.

Interim Disability Assistance Programme for the Elderly

If your loved one did not qualify for ElderShield when it was launched, they can receive a monthly cash payout of between \$150 and \$250.

Residential Care

A **Nursing Home** is for seniors who need some help with day-to-day activities, such as dressing, bathing or taking medication.

If your loved one requires a greater degree of medical support, or has extensive care needs that cannot be provided by current home care services, a medical social worker may refer them to a nursing home instead.



Learn more about what we do:



Click **www.aic.sg**



Call **1800 650 6060**



Visit **AIC Link**

The Agency for Integrated Care (AIC) aims to create a vibrant care community for people to live well and age gracefully. AIC coordinates and supports efforts in integrating care to achieve the best care outcomes for our clients. We reach out to caregivers and seniors with information on staying active and ageing well, and connect people to services they need. We support stakeholders in their efforts to raise the quality of care, and also work with health and social care partners to provide services for the ageing population. Our work in the community brings care services and information closer to those in need.

Information is current as of September 2019.