## **Higher Certificate in Healthcare Support Course**

#### Introduction

Ancillary clinical staff plays an important role in supporting the healthcare professionals to deliver safe and quality care in acute hospitals, community hospitals, nursing homes and day care centres. The skills framework for healthcare in Singapore (Government of Singapore, 2023) is used as a reference for this course, which is intended for learners who are keen on joining the healthcare or eldercare sectors.

# **Course objective**

This course aims to equip the learners with the fundamental knowledge and skills to function as Basic Care Assistants or Healthcare Assistants in acute, intermediate or long-term settings.

## **Learning outcome**

Upon completion of the course, the learners are able to:

- Outline the main aspects of the International Patient Safety Goals (IPSGs)
- Appreciate the principles of professional, legal and ethical considerations in healthcare sector
- Explain the significance of identifying the correct patient, preventing and controlling infection, preventing falls and pressure injuries
- Conduct basic communication with patients, next-of-kins and healthcare professionals
- Demonstrate safe practices in vital signs monitoring and assisting the patients/clients in activities of daily living (ADLs) which aligned to IPSGs

#### **Modules & Topics**

- International Patient Safety Goals (IPSGs)
- Infection Prevention and Control (IPC)
- Vital Parameters and Basic Pain Assessment
- Fall Prevention, Mobility and Transfer
- Pressure Injuries
- Assisting Patients with Elimination and Indwelling Catheter Care
- Assisting Patients with Personal Hygiene
- Nutrition and Hydration
- Awareness on Signs and Symptoms of Dysphagia
- Assist in Nasogastric Tube Feeding
- Safe Practices and Quality Improvement
- Person-centred Care
- Awareness on Service Quality Management
- Effective Communication
- Inter-professional Collaboration
- Professional, Legal and Ethical Healthcare Practice
- Awareness on Change Management
- Awareness on Workplace Safety and Health

## **Entry requirement**

The potential learners are expected to fulfil the following criteria:

- Able to understand, speak, read and write English
- Motivated to complete the relevant e-learning modules/topics prior to classroom training
- Physically fit and healthy to assist patients in activities of daily living (ADLs)
- Possessed resilient mindset to withstand the potential challenges in healthcare or eldercare sectors

## **Training approach**

The training methods for this course include asynchronous e-learning and facilitated classroom training catered for adult learners.

# **Assessment methods**

- 1. 100% attendance for all classroom sessions
- 2. Classroom skills assessments
- 3. Theory assessment

## **Post-course attachment**

The learners are expected to conduct volunteer services in a nursing home for minimum 70 hours.

# **Course fees**

Please contact 6567 3055 or email: kng@n2hubpl.com for the details of the latest course fees.